

Top Tips: Resources to teach children body safety and protective behaviours



Books:

Book from Jayneen Sanders...all available at <http://e2epublishing.info/>

- **Some Secrets Should Never Be Kept**
A children's picture book to keep kids safe from sexual abuse.
- **No Means No!**
Teaching children about personal boundaries, respect and consent.
- **Body Safety Education**
A step-by-step guide for parents and carers on how to protect children from sexual abuse through personal Body Safety Education.
- **My Body! What I Say Goes!**
A book to empower and teach children about personal body safety, feelings, safe and unsafe

A Secret Safe to Tell by *Naomi Hunter*

This beautifully illustrated book encourages and empower children to speak up if someone is touching them in a way that makes them uncomfortable.

<http://www.empoweringresources.com.au/our-books/>

Matilda Learns a Valuable Lesson by *Holly-ann Martin*

This book is an invaluable safety resource for those with or those who teach children and a powerful tool for children of all ages and cultures.

http://safe4kids.com.au/shop/index.php?route=product/product&product_id=65

Hayden-Reece Learns a Valuable Lesson that Private means 'Just for You' by *Holly-ann Martin*

This book will help both parents and teachers explain this important subject so that children of all ages will understand the difference between public and private.

http://safe4kids.com.au/shop/index.php?route=product/product&path=35&product_id=66

Michael's Bubbles by *Justine O'Malley*

A Protective Behaviours Story book about personal space.

<http://www.protectivebehaviourswa.org.au/products/michael%E2%80%99s-bubbles-0>

My Body Belongs to Me by *Jill Starishevsky*

The rhyming story and simple, friendly illustrations provide a way to sensitively share and discuss the topic, guiding young children to understand that their private parts belong to them alone.

<http://www.mybodybelongstome.com/>

Smart Parenting for Safer Kids by Professor Freda Briggs AO.

Her latest book covers Bullying, Cyberspace and Internet safety, Sexual Abuse, Parenting through Adolescence, and so much more.

<http://www.protectivebehaviourswa.org.au/products/smart-parenting-safer-kids>

Other Resources:

Printable awareness and information posters by *Jayneen Sanders*

Available at <http://somesecrets.info/posters/>

Body Safety Australia: Parent Workshops

Within these workshops parents/carers and guardians will learn of their role in understanding body safety and protective behaviours.

<http://www.bodysafetyaustralia.com.au/parent-workshops/>

Kids Helpline: telephone 1800 551 800

NAPCAN: Prevent Child Abuse & Neglect

Helpful website that includes information, programs and resources.

<http://napcan.org.au/>

SAFE4KIDS Board Game

This versatile game can be used as an assessment tool to evaluate children's ability to conceptualise the principles of Protective Behaviours.

http://safe4kids.com.au/shop/index.php?route=product/product&path=35&product_id=49

My Underpants Rule! Books and other resources:

A UK-based site on child protection for parents and educators.

<https://myunderpantsrule.com/>

Keeping Kids Safe! A Child Safety initiative by the Daniel Morcombe Foundation Inc

A great site with a free resource kit and DVD, curriculum materials and other useful information and tools such as a free HELP ME app to help children recognise, report and act.

<http://www.keepingkidssafe.com.au/>

Paediatric Health and Safety Guide

A useful guide to information about basic safety in childhood and including child protection issues.

<https://www.acls.net/pediatric-health-and-safety-guide.htm>

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